

LIFT TRUCK OPERATOR TRAINING

Training for Managers, Supervisors, and Team Leaders

COURSE DESCRIPTION

This instructor-led program provides training in the fundamental methods of safe lift truck operations for those who are lift truck operators and for managers, supervisors or team leaders responsible for monitoring lift truck training. Based on adult education principles, the course uses a facilitator format with class discussions, video, overheads and workbook exercises to promote learning and retention of course materials.

Key elements of the program are: familiarization with lift truck features, operational safety procedures and OSHA requirements.

The duration of the full course is 5 to 6 hours depending on the amount of discussion/questions. The course includes a written pre and post-cost assessment. Due to the vast number and styles of lift trucks on the market, a “hands-on” component is not included with this training program. Guidelines for hands-on training and a sample performance checklist are provided for use after course completion.

OBJECTIVES

The end result of the Lift Truck Operator Training course is improved safe work practices by operators and development of a basic understanding which can be transferred or applied to any model of lift

truck with some basic “hands-on” training. Participants in the class will have a better understanding of:

- ✓ *Lift Truck Limitations*
- ✓ *Safety Features of the Lift Truck*
- ✓ *How to Complete a Pre-use Inspection*
- ✓ *OSHA Requirements for Lift Trucks*
- ✓ *How to Size up a Load*
- ✓ *Proper Driving Techniques*
- ✓ *The Stability Triangle*
- ✓ *Safe Refueling Practices*

MODULES

- ✓ *Pre-start Safety Inspection*
- ✓ *Design Considerations*
- ✓ *Picking up the Load*
- ✓ *Moving the Truck*
- ✓ *Setting Down the Load*

Each module includes a review of OSHA regulations and analysis of some fatal lift truck accidents reported to OSHA.